ANNUAL REPORT 2023-2024

ALL-OPTIONS IMPACT REPORT

Celebrating 20 Years of judgment-free support





















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A MESSAGE FROM OUR EXECUTIVE DIRECTOR



Twenty years ago, All-Options answered the very first call to our Talkline, and began our journey to become the nation's most trusted resource for people seeking support for pregnancy, parenting, abortion, and adoption. As we mark this milestone, I'm so pleased to share the All-Options Annual Report for Fiscal Year 2023–2024 with you!

To be candid, this has been one of the toughest years I can remember in my career. Two years after the *Dobbs* decision, abortion access has been decimated across the country, leaving pregnant people to overcome incredible obstacles to find abortion care. It has undermined the ability of providers to care for their patients in complex pregnancies and after miscarriages, and led to worse maternal and infant health outcomes and more families struggling to make ends meet — especially in states with abortion bans, like Indiana.

In the face of these challenges and increasing demand for our services, All-Options has also seen a dramatic loss of income over the past year. Many foundations and individuals stepped up to give money in the immediate crisis after *Roe* was overturned, but unfortunately many of those donations have not continued. Like so many of our fellow nonprofits, we've had to make painful budget decisions while also working to raise more funds and find a sustainable path forward.

We couldn't have made it through this year without all of you, our community of donors, volunteers, supporters, and friends. We are so grateful to be in this fight with you. I hope you'll enjoy this report and share our pride in all we have been able to accomplish — this year and these past two decades!

With hope & gratitude,

J. Parker Dockray, MSW

Executive Director

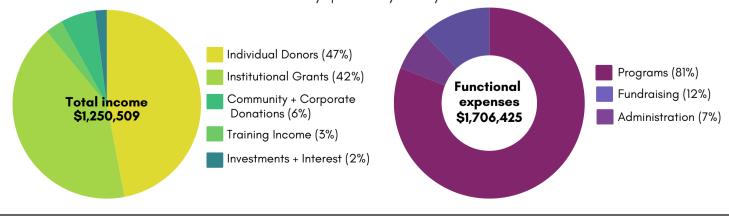
Support all the work you'll read about in this report with a donation to All-Options! Scan the code or give at www.all-options.org.

We can't do it without you!



FINANCIAL HIGHLIGHTS

This year we saw a significant drop in income from both individual donors and institutional grants, as post-Dobbs crisis funding began to dry up. Because of our reserves, we still ended the year with over \$1 million in assets, but we anticipate a lean year ahead. You can find our annual 990 tax returns on Guidestar, and we're happy to share detailed financial statements or answer any questions you may have!



FY 2023-2024

BY THE NUMBERS

NATIONAL PROGRAMS



All-Options Talkline

1,359 calls answered **695** hours of support **35** volunteer Talkline Advocates



138 calls answered13 spiritual care counselors6 panels and conference presentations



165 total training attendees94 self-guided training attendees4 custom trainings

INDIANA PROGRAMS



198,350 diapers to 440 families172 average families/month\$64,915 value of diapers distributed



\$374,635 pledged to 1,022 callers\$422 average pledge57 abortion clinic partners in 9 states



1,306 period products500 pregnancy tests122 COVID-19 tests320 emergency contraception packs



20 community tabling events5 panels and presentations110 emergency contraception packs

STAFF

Forest Beeley, Indiana Programs Director | J. Parker Dockray, Executive Director | Kyra Jay, Indiana Engagement Coordinator | Anieka Johnson, National Operations Director | Jude Johnson, Faith Aloud Manager | Taja Lindley, National Programs Director | Anna Malefatto, Donor Relations Director | Jessica Marchbank, Indiana Programs Manager | Katherine Riley, Deputy Director | Karlie Thomas, National Trainings Manager

BOARD OF DIRECTORS

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ALL-OPTIONS **ALL-OPTIONS**

CELEBRATING 20 YEARS OF JUDGMENT-FREE SUPPORT

In 2004, a small group of women with personal and professional experience with pregnancy, parenting, abortion, and adoption came together in Portland, Oregon with a vision of a new organization - one that would support people in ALL their options, decisions, and feelings. They created a nationwide Talkline, a toll-free number people can call from anywhere, to talk about all their feelings and experiences, and find support from peer counselors ready to listen, with no judament, bias, or strings attached.

20 years later, All-Options has grown to a nationally distributed organization, with new programs and staff members across the country — but still grounded in the same vision of supporting people in ALL their options, decisions, feelings, and experiences. Take a journey with us through some of the highlights and challenges that have brought us to where we are today!

> Our 5th anniversary. The Talkline surges to almost 600 calls/month and volunteers struggle to keep up without burning out. The organization is living on a shoe-string budget. In the Fall of 2009, the board decides to temporarily suspend the Talkline and take a hard look at how to move forward sustainably.

Parker is hired as our first **Executive Director, and first** full-time staff person!

We train our first cohort of Indiana-based Talkline Advocates, and expand the

Talkline's availability to Eastern Time hours, which had been a longtime request by callers.

of judgment-free support

2014



We open the nation's first **All-Options Pregnancy Resource** Center in Bloomington, Indiana!

The Center offers judament-free support and resources including pregnancy tests, condoms, diapers and wipes, and abortion funding and referrals - all under one roof!

Our Talkline Advocate team goes national!

To meet increasing call demand and build a team of Talkline Advocates that better reflects the diversity of our callers' identities and experiences, we adapt our training curriculum to a virtual format, allowing us to recruit Talkline advocates from around the country.

2019

2004

On November 1, 2004, an Advocate named Erika answers the very first call to the Talkline! The Talkline Reopens!

2009

We successfully raise enough funding to reopen and hire a part-time Talkline manager, Shelly Dodson. And, our founder Grayson Dempsey co-facilitates the first public "Pregnancy Options Dialogue" in Portland OR!

Celebrating our 10th anniversary,

2013

2010

we launch a crowdfunding campaign and raise \$25,000+ to open a brick and mortar center with the vision of offering the same unconditional support we're known for on the Talkline. More than 300 people donate, leaving messages like: "I wish I had a resource like this when I needed it."

We change our name from

2015

Backline to All-Options! After opening the All-Options Pregnancy Resource Center in Indiana, we see how the language of "all options" resonates with people and reflects the story of what we do - offering open-hearted and judgment-free support for pregnancy, parenting, abortion, and adoption.

2017

Today we celebrate our 20th anniversary!

2024

We're proud to support parents and pregnant people every day without judgment, and to work toward a world where everyone can make the reproductive decisions that are right for them. With your support, we hope to continue this important work for many years to come!

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NATIONAL PROGRAMS

20 YEARS OF THE TALKLINE



SCAN THE CODE TO SEE THE FULL CONVERSATION!



To kick off celebrations for All-Options' 20th anniversary, we brought together a group of Talkline Advocates from across the years to share their stories and reflections on the power of unconditional listening and understanding. Our National Programs Director, Taja Lindley, facilitated the conversation with a panel of Advocates who first joined the Talkline in Portland, Bloomington, and as part of our most recent nationwide cohort.

It's clear that throughout the changes of the last two decades, the Talkline has consistently been a source of compassionate, judgment-free support that can transform lives — not only for our callers, but also for the Advocates who hold space for them.

It was truly a beautiful and inspiring event, and you can watch the conversation anytime on our YouTube channel!

"[The Talkline Advocate] never once made me feel judged like I've felt by others... Most of all, she has been one of the only people who has ever acknowledged the gravity of what I had gone through, and validated how hard it must have been for me. I didn't realize how much I needed that from someone before this conversation."

—Talkline caller



In the wake of the *Dobbs* decision and abortion bans taking effect in nearly half of all US states, many more people are facing tough decisions about if and how they can still access abortion care, and what to do if they can't. Our new self-paced training, Offering Support When Abortion May Be Out of Reach, is designed to help providers support pregnant people with compassion and resources as they navigate this landscape.

We are also excited to launch a new training in 2025 that will blend our signature Pregnancy Options Workshops and our Faith Aloud volunteer training, with tools and techniques for offering judgment-free spiritual support for all pregnancy decisions.

Learn more about all our trainings on the All-Options website!



INDIANA PROGRAMS

COLLABORATING ACROSS THE MIDWEST

After over a year of legal battles, Indiana's abortion ban took effect in August 2023. In the months that followed, we saw far fewer calls to our Hoosier Abortion Fund. It was heartbreaking, because we knew people still needed care — they just didn't know where to turn or what was legal.

Anti-abortion misinformation and fear tactics are rampant across the Midwest. Wherever you live, chances are you've seen plenty of billboards with messages shaming



people who are considering or seeking abortion. In Indiana, these billboards are often found lining the highways Hoosiers take to access abortion in neighboring states. When someone is forced to leave their state in order to get necessary care, the last thing they should encounter is further stigma. That's why in the spring of 2024, All-Options and our Hoosier Abortion Fund joined Chicago Abortion Fund and WMF Wisconsin to launch a compassionate billboard campaign across Illinois, Indiana, and Wisconsin. Our message was simple: In the heartland, we support each other, and abortion funds are here for you.

We were so proud to push back against abortion stigma and let Hoosiers know they're not alone. You can see more from the campaign at <u>heartlandabortionfunds.org!</u>

"I'm doing well, and I'm at peace with my decision. I'm very glad that I reached out to All-Options. The relief of financial burden and the accompanying stress allowed me to focus on my mental and emotional health."

—Hoosier Abortion Fund client

"I love y'all so much! Y'all have been an amazing gift to my little family.

You are officially a part of my little family too ♥♥♥"

—Hoosier Diaper Program client

EXPANDING DIAPER SUPPORT ACROSS INDIANA



For nearly 10 years, All-Options has been providing diapers to families in Bloomington, Indiana, and this year we were thrilled to expand the reach of our Hoosier Diaper Program! Every month, we ship diapers directly to parents throughout Indiana who have used our Hoosier Abortion Fund. Now, through a partnership with TANF and the Indiana Diaper Bank, we are also providing diapers and other essentials once a month at WIC and health department offices in local counties, including Monroe, Owen, Putnam, and more!

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COMPASSION IN ACTION