

All-Options Annual Report



Welcome to the All-Options Annual Report for Fiscal Year 2022-2023. We're doing things a little differently this time – in addition to all the numbers and financials from July 1, 2022 to June 30, 2023, this report goes in depth on the work, growth, and change at All-Options in the difficult year following the *Dobbs* decision.

We couldn't have made it through this year without all of you, our community of donors, volunteers, supporters, and friends. I hope you'll look through the report to see what we have been able to accomplish with you on our team!

In solidarity,

J. Parker Dockray, MSW
Executive Director

P.S. You can support all the programs detailed in this newsletter with a donation. Visit all-options.org to make your contribution today!

OUR IMPACT: BY THE NUMBERS

NATIONAL PROGRAMS

All-Options Talkline



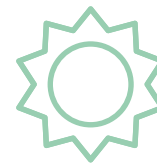
1,425
Callers Supported

Pregnancy Options Workshops & Other Trainings



294
Training Attendees

Faith Aloud



101
Clergy Counseling Callers Supported

INDIANA PROGRAMS

Hoosier Diaper Program



246,000 Diapers to **560** Families
820 Average Packs Per Month

Pregnancy Resource Center



1,618 Period Products **314** Covid-19 Tests
407 Pregnancy Tests **170** Emergency Contraception Packs

Hoosier Abortion Fund



\$715,914 Pledged to **3,336** Callers
\$248 Average Pledge

Activist Squad



11 Active Members & Growing!

TREND ON THE TALKLINE: SELF-MANAGED ABORTION

Over the last year, as people across the country have faced new extreme abortion bans and the increased scrutiny and fear that comes along with these bans, our All-Options Talkline has been there to provide open-hearted support for all the feelings, decisions, and experiences people are navigating.

One topic that has come up more and more from our callers is self-managed abortion – or abortion outside of the formal medical system. Pregnant callers considering self-managed abortion are often experiencing a lot of abortion stigma and shame, coming from our culture and sometimes from their own partners and families. They're concerned about the privacy and comfort of their abortion experience, and often can't make the long-distance trip to get to a clinic. For many, self-managed abortion with pills feels like the most accessible and empowering option available. It offers them the freedom to decide where and when to have an abortion, and who can be there to offer support through the process.

At All-Options, we believe every person has the right to decide whether or not to continue a pregnancy, and to end that pregnancy safely, with dignity, and without fear of criminalization. And we know that self-managed abortion with pills has proven to be a very medically safe way to end a pregnancy. But in hostile states, pregnant people may be at risk of being sued or arrested for self-managing an abortion or helping a loved one, even in places without laws that explicitly ban self-managed abortion. Because of the racist double standard in our health care and legal systems, the people most likely to be investigated and arrested are Black, Indigenous, and people of color, people who are struggling financially, immigrants, young people, and trans and nonbinary folks. No one should be criminalized for their pregnancy decisions or outcomes!

When our Talkline callers ask about self-managed abortion, we share these trusted resources:

[Abortion On Our Own Terms: abortiononourownterms.org](http://abortiononourownterms.org)

[Repro Legal Helpline: www.reprolegalhelpline.org](http://www.reprolegalhelpline.org)

[M + A Hotline: www.mahotline.org](http://www.mahotline.org)

Disclaimer: These organizations and websites are not affiliated with All-Options. We are not responsible for any actions you take based on the information and/or services they provide.



Meet Allison

We welcomed Allison Park (she/her) as the National Programs Coordinator in June 2023. In this role, Allison acts as a key point of contact for our Talkline Advocates and Faith Aloud spiritual care counselors, makes sure there's always someone on shift to answer calls, and supports trainings for our volunteers and Pregnancy Options Workshop participants. Allison has spent the past decade working to advance reproductive health equity and justice with organizations like Planned Parenthood and the National Asian Pacific American Women's Forum. Allison earned her Masters in Public Health at Columbia University.



"[Being a Talkline Advocate] does give me hope that even in the midst of all of the confusion and all of the fear-mongering that has gone on in the last year, that there are still folks who are brave enough to reach out for help. And there are still folks who have enough gumption in spite of everything to pull up the number for a random hotline and talk to a stranger about one of the most difficult things in their life..."

I feel like there is a lot of inspiration in that moment of connecting with someone on the Talkline and just being able to open up and say, talk to me, and then have that be heard and received. And then it doesn't necessarily matter where the conversation ends up from there, it is just the fact that that moment happened. It's inspirational and hopeful."

— *Talkline Advocate Che*



BUILDING A FOUNDATION FOR FAITH ALOUD TO GROW

Thanks to the generosity of new funders, All-Options had the opportunity to welcome a staff person dedicated to our Faith Aloud program for the first time! We welcomed Jude Johnson (he/they), M.Div, BCC, in June 2023, and we're so excited about the work Jude is embarking on to increase the reach and capacity of Faith Aloud. Jude will focus on bringing more spiritual care providers into this work and training clergy counselors on our approach to offering compassionate, unbiased support for people of faith in all their pregnancy decisions and experiences. Jude is also networking and building the foundation for future growth of Faith Aloud! We envision a strong network of clergy people and people of faith who can effectively speak out about their faith-rooted commitment to supporting abortion rights and people who have abortions.



SPIRITUAL SUPPORT TRAINING

Adding to our roster of training opportunities, we debuted our first public Spiritual Support & Counseling training in Spring of 2023! This training is aimed toward the general public with the goal of offering content similar to our Pregnancy Options Workshop, but with a specific focus on supporting people who are seeking spiritual support or counsel or who are experiencing spiritual conflict while making a pregnancy decision. We're looking forward to offering another spiritual support training in the coming year!

HOOSIER ABORTION FUND: ONE YEAR WITHOUT ROE

When the Supreme Court overturned *Roe v. Wade* last year, we knew it was coming. But it was still shocking, disappointing, and devastating. We know you were right there with us, feeling outrage and deep sorrow for people across the country who would soon lose the right to legal, accessible abortion.

Across the country, donations poured into abortion funds and other support organizations, fueled by people's anger at this injustice and desire to support the people who would bear the brunt of harm. Here at All-Options, we were blown away by the sheer volume of donations, especially donations to our Hoosier Abortion Fund.

These donations allowed us to be an anchor for pregnant Hoosiers and Midwesterners in need of abortion care in the confusing and scary aftermath, as many states immediately banned or restricted abortion. Indiana politicians passed a near-total abortion ban – the nation's first new abortion ban passed post-*Dobbs* – but fortunately our lawsuit kept it from going into effect until August of 2023.

Donations to All-Options peaked in May 2022 when the Supreme Court decision leaked, but they have steadily declined since. The need, however, is not declining. People still need help paying for abortion care, finding a clinic that's open, figuring out how to travel to their appointment, and help feeling safe and supported when these laws are intended to instill fear and isolation. With your support, the Hoosier Abortion Fund continues to offer compassion, financial assistance, and emotional support to as many callers as possible.



"All-Options emotionally supported me, financially supported me, and made me feel cared for, when I had felt so alone before. **You changed and helped my life.** I can't put into words how thankful I am."

– **Hoosier Abortion Fund client**



MIDWEST SOLIDARITY



In the Midwest, we're fortunate to have a regional network of abortion funds, clinics, and support organizations working together to make abortion access possible in one of the most restrictive areas in the country.

Our ecosystems of care and support stretch far beyond our backyards – our work knows no borders and our states are deeply interconnected as people are forced to travel for care.

Last year, while the Indiana abortion ban was enjoined, our Hoosier Abortion Fund supported 656 people traveling to IN for abortion care from KY, TN, MO, and OH. In spring 2023, we partnered with 12 other abortion funds across the Midwest on the first regional Abortion Access Fund-a-Thon!

ONE YEAR OF ORGANIZING AFTER ROE

“I am a deliberate and vulnerable organizer.”

— Jessica Louise, Indiana Organizing Manager

This is the mantra of Jess Louise (they/she), All-Options’ Indiana Organizing Manager. Bringing a wealth of community organizing and development experience to All-Options’ first organizing role, Jess joined the team in the summer of 2022, just days before Indiana passed the first post-*Dobbs* abortion ban in the country.

Reflecting upon their recent one-year anniversary with All-Options, Jess shared their thoughts on the importance of community outreach, intentional vulnerability, and self-care to building and sustaining power for the long haul.

JOINING ALL-OPTIONS POST-DOBBS

Coming into an inaugural role at All-Options with my background of leadership in grassroots organizing, it was liberating to imagine how we could push against the boundaries of institutional and grassroots organizing and get curious about what can be created in the absence of justice.

All-Options is a resource hub. People don’t necessarily need us to be holding events, giving speeches, or taking these types of actions. People need to know how to access abortion care, what risks are involved, and what resources they can utilize to make informed choices. Everyone wants to put out a statement, hold a rally, or be in the news. But how are we changing the material conditions of the most systemically marginalized folks who are at a higher risk of being criminalized by these violent policies? How can we build a strategic plan that considers them? Understanding All-Options’ role has helped shape and inform the way that I approach bringing people in.

COMMUNITY OUTREACH AND ENGAGEMENT

We need to find ways to facilitate conversations so people can learn, be vulnerable, and fill that deficit of support in ways that are sincere and intimate. Good organizing allows you to be vulnerable with folks, and people respond to that sincerity. While I may not have experienced some of the things that folks we support have experienced, I want to remain committed to making sure they aren’t without. I can say honestly that I’ve never regretted the patience I’ve exercised with others, even if it has challenged what I believe.

SELF-CARE IN SOCIAL MOVEMENTS

Self-care is essential in a position like this. People will see your boldness and vulnerability, they’ll see you being deliberate, and they’ll gravitate towards it and want to consume you in a way that’s not sustainable. Being Black, queer, non-binary, femme-presenting, and seen as a fixer, requires me to find the balance between how I care for myself and how I march forward with the charge that I feel, whether that’s ancestral or present.

Part of advocacy is getting people to realize the power they have. There’s power in being vulnerable. Power isn’t an army tank going down the street; power is sharing with your neighbor that you have a need and trusting that it will somehow be met from sharing with each other. That act of sharing fulfills an internal need, and I believe that when we lean into each other and away from the carceral state that seeks to limit and restrict our reproductive choice, we’ll experience freedom.

This interview has been abridged. Read the full interview on our blog at all-options.org.



ADDRESSING DIAPER NEED AND BEYOND

In the last year of political and economic challenges, All-Options has seen drastic increases in requests for all types of support, especially in Bloomington and Monroe County, where the majority of our Hoosier Diaper Program client families lives. Many people don't realize how common it is to experience diaper need, but in May, the National Diaper Bank Network released new study results that found 1 in 2 families with young children struggle to afford diapers — a sharp increase in the last few years, and one that we're seeing every month at All-Options.



MORE THAN JUST DIAPERS

Did you know that we give away much more than just diapers? It's true! We're members of the National Alliance for Period Supplies, working to end period poverty and make sure no one is missing out on school or work because they can't afford period supplies. Last year, we gave out more than 1,600 period packs! Beyond that, we distributed hundreds of packs of emergency contraception, pregnancy tests, and COVID tests, plus other necessities like soap, shampoo, toothbrushes, and more.

Our Hoosier Diaper Program added an average of 27 new client families per month last year. Here's what some of them shared about the impact of our support:



"When people are in need, especially as a single mother of 5 with no type of support, it's really heart touching and an amazing thing that there is a good support system out there from strangers who have a passion for helping people."

"I always tell other women how supportive and non judgmental this place is, especially for people in need who fear to ask for help because of legal status or condition. You can trust All-Options."



Meet Kyra

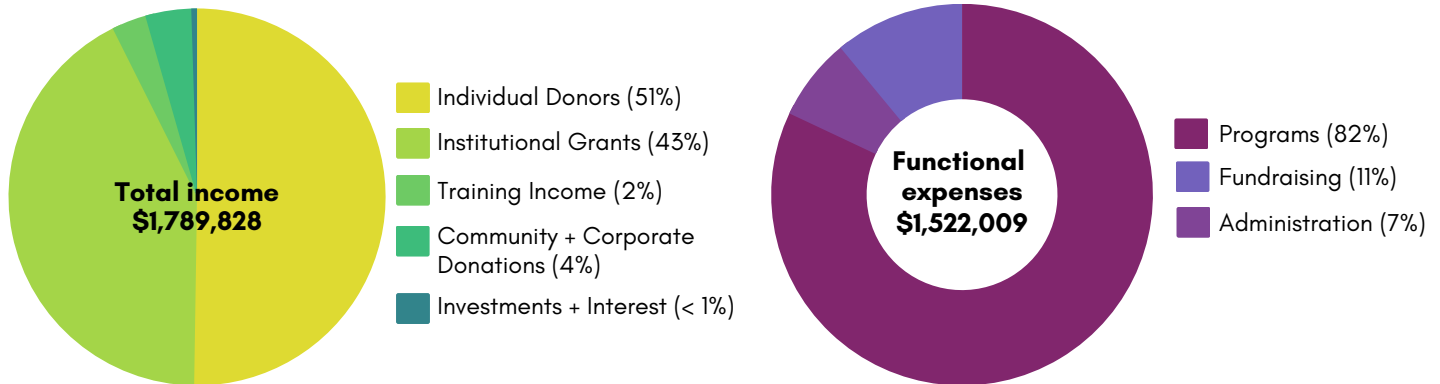
We were so excited to welcome Kyra Jay (she/her) as our new Volunteer Coordinator in June 2023. Kyra is growing our volunteer engagement, welcoming volunteers back to the Pregnancy Resource Center in Bloomington regularly for the first time since 2020! In addition to recruiting volunteers for the Hoosier Diaper Program and Hoosier Abortion Fund, Kyra is also collaborating with Indiana Organizing Manager Jess Louise to bring folks on to our growing Activist Squad.

Kyra is an award-winning community organizer and co-founder of Indy10 Black Lives Matter. In the last nine years, she has led community efforts in ending cash bail, police transparency and abolition, and community building with local schools and universities.



FINANCIAL HIGHLIGHTS

Once again last year, more than half of our income came from individual donors, though we were also proud to add several new funders. This generous support allowed us to increase our program support for clients and callers as well as to build our capacity by adding several new staff positions. If you would like to see detailed financials, let us know! You can also find our annual 990 on Guidestar.



STAFF AND BOARD TRANSITIONS

We were both incredibly sad and incredibly proud that Poonam Dreyfus-Pai, our long-time Deputy Director, left to take a new role as Chief of Staff at the National Network of Abortion Funds. Poonam was part of the fabric of All-Options since 2013, as an intern, a board member, and a staff member. She is deeply missed, but we know that she is doing incredible work at NNAF!

We also said goodbye in May to two of our longtime board members, Farah Diaz-Tello of If/When/How, and Kwajelyn Jackson of Feminist Women's Health Center. Kwajelyn served on the board for eight years, and Farah for eleven years, both of them seeing this little organization with a big vision through tough times, big changes, and incredible growth. We are eternally grateful for their insights, energy, and unfailing support, and all they do in the movement for reproductive justice. Thank you Farah & Kwajelyn!



Meet Mohana

In addition to the new program staff members we introduced in this report, we also welcomed Mohana Kute (she/her) as All-Options' new Communications Manager. We're so excited about the work Mohana is doing to increase the visibility of our work through both digital and traditional media. Prior to All-Options, Mohana has advocated for sexual violence prevention on college campuses, managed digital fundraising and advocacy campaigns for national organizations, planned community events, and led state-level organizing campaigns for reproductive rights. Mohana holds a BA from UC Berkeley and an Executive MPA from the Hertie School in Berlin, Germany.



STAFF

Forest Beeley, State Programs Coordinator | J. Parker Dockray, Executive Director | Tessa Greene, National Engagement Coordinator | Paulina Guerrero, National Programs Director | Kyra Jay, Volunteer Coordinator | Anieka Johnson, National Operations Director | Jude Johnson, Faith Aloud Manager | Mohana Kute, Communications Manager | Jessica Louise, Indiana Organizing Manager | Anna Malefatto, Donor Relations Manager | Jessica Marchbank, State Programs Director | Allison Park, National Programs Coordinator | Karlie Thomas, National Trainings Manager

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ALL-OPTIONS

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COMPASSION IN ACTION