



# ALL-OPTIONS

pregnancy • parenting • abortion • adoption

## Trainings and Workshops

All-Options offers a variety of trainings for healthcare and social service providers, advocates, educators, counselors, doulas, and anyone who's curious about supporting pregnant people. In our dynamic workshops participants learn new skills, build and deepen relationships with colleagues, and leave with new understandings of people's experiences of pregnancy, parenting, abortion, and adoption. **All of our trainings and workshops are conducted virtually.**

### Offerings

#### ***Pregnancy Options Workshop – (6-week facilitated course)***

The online Pregnancy Options Workshop course includes an interactive 90-minute webinar each week for 6 weeks. Join us to expand your options counseling skills and your network of like-minded counselors and advocates, learning with people around the country who are interested in providing high-quality, unbiased, open-hearted support to their pregnant clients and patients.

*Pricing is tiered based on organizational affiliation and budget. Scholarships available in certain circumstances.*

#### ***Self-Paced Online Pregnancy Options Workshop***

Our signature training is now available as a self-paced online course! This format allows you to take the course on your own time, but still includes much of the same information and activities as our live facilitated course. Each of the 10 modules features a variety of learning activities, such as lecture-style instruction, videos, articles, audio recordings, journaling and reflection activities, speaking practice and role-plays, quizzes, and extra/optional challenges to complete outside of the course. The course comes with an accompanying workbook to help you keep track of your learning and engage with course material.

*The self-paced course is \$250, or \$150 for individuals with no organizational affiliation or organizational budgets of less than \$500,000.*

#### ***Customized Pregnancy Options Workshop (4-9 hours)***

Interested in the Pregnancy Options Workshop, but looking for a format and content that's tailored to your agency or the clients you serve? We can customize a training on pregnancy options counseling, emotional support, or values clarification for your team, so you can explore the topics most present and pressing for your communities. We've customized trainings for clinics and healthcare systems, doula groups, abortion funds, social workers, legal advocates, and others who've wanted to strengthen their ability to offer unbiased pregnancy support and referrals. We will work with you to split the time up over a number of sessions over several days or weeks, depending on what works best for your team.

*Custom Trainings are offered at a flat rate of \$3,000. Pricing is negotiable if a higher level of customization is necessary.*