



TRAININGS & WORKSHOPS

All-Options' trainings will increase your knowledge, comfort, and skills in offering unbiased, judgment-free support for people's decisions and experiences with abortion, adoption, pregnancy, and parenting. We combine values clarification exercises, information about current practices, and skill-building activities in an interactive and fun workshop.

Our signature workshop is the **Pregnancy Options Workshop (POW)**, which we offer to the public each year in different locations around the country. Registration is on a sliding scale, usually between \$50-\$150 per person; the fee includes all materials and refreshments. The POW is a great place to meet other advocates and professionals in your local area, or to send one or two people from your agency to 'try out' All-Options' trainings.

Find our upcoming public events here: <https://www.all-options.org/for-professionals/trainings/>

All-Options also offers customized or private Pregnancy Options Workshops for organizations or networks that would like something just for their employees, volunteers, or members. We can structure a private training either as a "pay per participant" or as one set fee, depending on your budget and who you would like to include.

Our POWs always feature lots of discussion, fun activities, values clarification, skill-building, and an intersectional reproductive justice approach to pregnancy and parenting decisions. Whenever possible, we bring in local guest speakers to inform participants about current practices and legal landscape in adoption, abortion, and parenting.

- Our **90-minute session** explores the basics, with a focus on values and simple tools for unbiased language & referral. This is what we typically offer at conferences or in-service presentations. *Fee = \$150 flat fee or \$20 per participant*
- A **full-day POW** includes deeper values work, education on each option including the opportunities to include guest speakers, and time to practice new skills. *Fee = \$1,000 per day or \$50-\$150 per participant*

These fees include materials and trainer time, but do not include food or travel costs. All-Options has trainers in multiple locations and we will work with you to find the right people for your training and minimize travel costs.

What do our participants say?

"It was really powerful to see and hear all the different pregnancy options together."

"The workshop was very interactive. I so appreciated the authenticity folks brought!"

"I loved the small group work, and being challenged to think about my personal biases."

We'd love to talk with you about organizing a Pregnancy Options Workshop in your area!

Contact us at info@all-options.org or 510-817-0781