



# ALL-OPTIONS

pregnancy • parenting • abortion • adoption

## Trainings & Workshops

All-Options offers a variety of trainings on pregnancy, parenting, abortion, and adoption, values clarification, and nonjudgmental all-options counseling for healthcare and social service providers, advocates, educators, counselors, doulas, and anyone who's curious about supporting pregnant people. Our dynamic workshops are a great value – participants learn new skills, build and deepen relationships with colleagues, and leave with new understandings of people's experiences of pregnancy, parenting, abortion, and adoption. All of our trainings can be held at locations around the country and can be offered in-person or virtually. Contact us if you'd like us to present at your organization or conference!

*"I enjoyed the entire training, but if I had to choose, my favorite part was working in small groups. It was great to share stories and learn from each other. I want to attend EVERYTHING All-Options offers!"*

### **Pregnancy Options Workshop (POW)** (Half-day or Full-day)

The Pregnancy Options Workshop is our signature training. In this workshop, we bring together counselors, educators, health care professionals and advocates to explore values, learn about current practices in abortion, adoption, and parenting, and share tools and skills for offering nonjudgmental support to all people across the spectrum of pregnancy experiences and decisions.

### **Customized Mini-POW Training** (60-120 mins)

Interested in the Pregnancy Options Workshop, but looking for some information that's tailored to the field you're in or the clients you serve? We'll customize a mini-POW for your team, so you can explore the values and questions related to the topics most present and pressing for your communities. We've customized trainings for social workers, lawyers, anti-violence advocates, and others who've wanted to practice openness to the nuanced issues their clients face.

### **Radical Communicator Training** (60-90 mins)

In this current political moment, creating more room for empathetic and compassionate conversations about pregnancy-related issues is a necessity - whether we do reproductive justice work everyday, or we're just curious about engaging people *differently*. Build out your resistance toolkit with our Radical Communicator training - you'll explore your values, examine how we use language to express support and compassion, and practice an open, nonjudgmental stance.

### **All-Options 101** (15-30 mins)

All-Options representatives are also available to provide in-service presentations to your agency, clinic, or community group. In-service presentations are a great way to learn more about All-Options' services and develop stronger referral systems.

**We'd love to talk with you about organizing a training in your area!**

Please contact our Deputy Director,  
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